



# Narcolepsy Network

and the  
DC Area Narcolepsy and  
Hypersomnia Support Group  
invite you and your family to a

## Summer Picnic

**Saturday September 25, 2010**

**12:00 – 4:00 pm**

(Rain date Sunday September 26, 2010 from 12-4pm)

Buddy Attick Lake Park  
555 Crescent Road  
Greenbelt, MD 20770

240-305-3616 (Saraiah Naps, organizer)

### **About Buddy Attick Park:**

The park surrounds a picturesque 23 acre lake. A dirt and stone path winds its way through the woods and around the lake. A large playground and tot lot are available for the kids. Bathrooms are handicap- accessible, although there is not a paved path to the picnic area. See reverse for directions.

## **Getting to Buddy Attic Park in Greenbelt, Maryland:**

**By Metro:** Take the Green Line to the last stop in Maryland at the Greenbelt Metro Station. Volunteers will be available to transport people the 1.8 miles to and from the picnic as needed between 11:30am – 4:30pm. If you have a cell phone, please call 240-305-3616 when you get to the Fort Totten Metro station on Saturday September 25<sup>th</sup>, and we will have the car/van waiting at the Greenbelt Metro when you arrive.

### **FROM 495 NORTH (Silver Spring/College Park direction):**

- Take EXIT 23-B (Kenilworth Ave/Greenbelt Road Exit).
- Bear LEFT on the ramp, and make a LEFT at the stop light at the top of the ramp onto Kenilworth Avenue.
- At the second stop light, bear RIGHT onto Crescent Road. Drive up a short hill. You will see a sign for Buddy Attick Park.
- Take the first RIGHT into Buddy Attick Park.

### **FROM 495 SOUTH (Landover/New Carrollton direction):**

- Take EXIT 23-B (Kenilworth Ave/Greenbelt Road Exit.)
- Turn RIGHT at the stop light at the top of the ramp onto Kenilworth Avenue.
- At the first stop light, bear RIGHT onto Crescent Road. Drive up a short hill. You will see a sign for Buddy Attick Park.
- Take the first RIGHT into Buddy Attick Park.

### **Walking to the picnic area at Buddy Attick Lake:**

- As you stand facing the park in the Buddy Attick Lake parking lot, find the gravel path leading from the LEFT side of the parking lot into the park.
- Walk a short distance on the gravel path.
- Look to your left to see the group picnic area signs and a large number of picnic tables arranged in a circle. We will have signs up reading “Narcolepsy Network Picnic.”